

BHPW Resilience ECHO Programs

[Register here Resilience Conversations](#): Mondays, 1 p.m.-2 p.m. MT

[Register here Rounds](#): Mondays, 1 p.m.-2 p.m. MT

[Register here Cases in Resilience](#): Mondays 1 p.m.-2 p.m. MT

Workbook: [Introduction to Resilience: Building Our Internal Resources: General Concepts](#)

BHPWR Past Recordings

2023-2024 Curriculum and Recordings

2024 Date	Program	Topic	Presenter	Resources
Jan 15 th	No Session: Martin Luther King Jr. Day			
Jan 22 nd	Cases in Resilience	Resilience: The Workbook	Jeff Katzman, MD	Video Link
Jan 29 th	Resilience Rounds	Resilience and the Nested Hierarchy of Health and Wellbeing	Greg Fricchione, MD	Video Link
Feb 5 th	Resilience Rounds	Self-Awareness Workbook Chapter: 2 The Community Resilience Model (CRM)	Sarah Heines, MBA and Rebecca Murphy, MA, BA, and Linda Grabbe, PhD, APRN-BC	Video Link
Feb 12 th	Resilience Conversations	Self-Care and Self Compassion- Workbook Ch. 3	Pam Arenella, MD, FRCPC	Video Link
Feb 19 th	No Session: Presidents Day			
Feb 26 th	Resilience Conversations	Growth Mindset- Workbook Ch. 5	Rebecca Murphy, BS, MA Sarah Heines, MBA	Video Link
March 4 th	Resilience Rounds	TBA	Jesse Kohler, M.Ed	Video Link
March 11 th	Resilience Conversations	Uncertainty and Flexibility-Workbook Ch. 6	Ankit Mehta, MD	Video Link
March 18 th	Cases in Resilience	Connection- Workbook Ch. 7	Randon Weldon,	Video Link
March 25 th	Resilience Conversations	Optimism and Play-Workbook Ch. 8	Rebecca Murphy, BS, MA Sarah Heines, MBA Ankit Mehta, MD	Video Link
April 1 st	Resilience Rounds	TBA	TBD	Video Link
April 8 th	Resilience Conversations	Peer Support:	TBD	Video Link

April 15 th	Cases in Resilience	Peer Support: TBA	Angela Chaudhari, MD	Video Link
April 22 nd	Resilience Conversations	Loneliness and Connection:	Benjamin Bernstein, Ph.D. Jeff Katzman, MD	Video Link
May 6 th	Resilience Rounds	Loneliness and Connection:	Benjamin Bernstein, Ph.D. Jeff Katzman, MD	Video Link
May 13 th	Resilience Conversations	Loneliness and Connection:	Benjamin Bernstein, Ph.D. Jeff Katzman, MD	Video Link
May 20 th	Cases in Resilience	TBA	TBD	Video Link
May 27 th	No Session: Memorial Day			
June 3 rd	Resilience Rounds	TBA	TBD	Video Link
June 10 th	Resilience Conversations	TBA	TBD	Video Link
June 17 th	Cases in Resilience	Narrative Medicine:	TBD	Video Link
June 24 th	Resilience Conversations	Narrative Medicine:	TBD	Video Link
July 1 st	Resilience Rounds	TBA	TBD	Video Link
July 8 th	Resilience Conversations	TBA	TBD	Video Link
July 15 th	Cases in Resilience	TBA	TBD	Video Link
July 22 nd	Resilience Conversations	Indigenous Healing Systems:	Maria Yellow Horse Brave Heart, PhD	Video Link

Aug 5 th	Resilience Rounds	Spiritual Assessment:	Cheryl Bundy	Video Link
Aug 12 th	Resilience Conversations	Mindfulness Models:	TBD	Video Link
Aug 19 th	Cases in Resilience	Mindfulness Models:	TBD	Video Link
Aug 26 th	Resilience Conversations	Mindfulness Models:	TBD	Video Link
Sep 9 th	Resilience Rounds	Spiritual Transformative Experiences/Near Death Experience:	Yvonne Kason,	Video Link
Sep 16 th	Resilience Conversations	Mindfulness Models:	TBD	Video Link
Sep 23 rd	Cases in Resilience	Arts and Meaning:	TBD	Video Link
Sep 30 th	Resilience Conversations	Arts and Meaning:	TBD	Video Link
Oct 7 th	Resilience Rounds	Arts and Meaning:	TBD	Video Link
Oct 14 th	Resilience Conversations	TBA	TBD	Video Link
Oct 21 st	No Session: Indigenous Peoples Day			
Oct 28 th	Resilience Conversations	TBA	TBD	Video Link
Nov 4 th	Resilience Rounds	TBA	Randon Welton, MD	Video Link
Nov 11 th	Resilience Conversations	TBA	Randon Welton, MD	Video Link
Nov 18 th	Cases in Resilience	TBA	Ankit Mehta, MD	Video Link
Nov 25 th	No Session: Thanksgiving			
Dec 2 nd	Resilience Rounds	TBA	Ankit Mehta, MD	Video Link

Dec 9 th	Resilience Conversations	TBA	Ankit Mehta, MD	Video Link
Dec 16 th	Cases in Resilience	TBA	All Hub Team	Video Link



In support of improving patient care, Project ECHO® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



AMA Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC Designation Statement

Project ECHO® designates this live activity for a maximum of 1.0 ANCC contact hour. Nursing contact hours will be awarded for successful completion of program components based upon documented attendance and completion of evaluation.



Psychologist Accreditation
Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.



Social Work Accreditation
As a Jointly Accredited Organization, Project ECHO® is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Project ECHO® maintains responsibility for this course. Social workers completing this course receive 1.0 continuing education credit.



AAPA Credit Designation Statement – Live
Project ECHO has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credit. PAs should only claim credit commensurate with the extent of their participation.