



NM CARES **Health Disparities Center**

*Increasing Health Equity in New Mexico Through
Community & Academic Research Partnerships*



Community Engagement Core (CEC)

Key Principles of CBPR

(Community-Based Participatory Research)

1. Acknowledges community as a unit of identity.
2. Builds on strengths and resources within the community.
3. Facilitates a collaborative, equitable partnership in all phases of research, involving an empowering and power-sharing process that attends to social inequalities.
4. Fosters co-learning and capacity building among all partners.
5. Integrates and achieves a balance between knowledge generation and intervention for the mutual benefit of all partners.
6. Focuses the local relevance of public health problems and ecological perspectives on multiple determinants of health.
7. Involves systems development using a cyclical and iterative process.
8. Disseminates results to all partners and involves them in the wider dissemination of results.
9. Involves a long-term process and commitment to sustainability.

Israel, B. A., Eng, E., Schulz, A. J., & Parker, E. A. (2005). Introduction to methods in community-based participatory research for health. In B. A. Israel, E. Eng, A. J. Schulz & E. A. Parker (Eds.), Methods in community-based participatory research for health (pp. 3-26). San Francisco, CA: Jossey-Bass.